

# SETU MARCHES

## From Desk Of Program Coordinator

Dear Reader

New year at SETU started with great momentum as we got a new Skill project again for one year based on our previous success record, SETU continues on the road to glory.

Marking yet another milestone, SETU embarked upon a very special journey with the launch of its Physiotherapy Lab that was a long awaited wish and need of our special students fulfilled by Metlife thereby provoking new energy and excitement in students. Students have already started therapeutic exercises to improve strength, range of motion and endurance to correct postural imbalance under the guidance of experienced physiotherapist post a detailed physical assessment and actionplan for future.

In 2019, we continue to strive for excellence and extend heartfelt thanks to all our corporate partners in fulfilling our beneficiaries wishes for brighter and a more beautiful future ahead for the unserved.

### Highlights at Setu Skill Centre

- New year celebration
- Launch of Smile project
- Self-help group
- Guest Lectures
- Convocation
- Corporate visits
- Exposure visit of Special students
- Birthday celebration
- Workshops for trainers

Jyotsana Srivastava

## Launch Of Smile Project

Once again, SETU procured SMILE project based on the proven track record of success for empowering the youth in various courses like IT, Basic English, Personality Development, Retail Management and Financial Literacy to prepare them for the job arena.

The SMILE project was launched on 15<sup>th</sup> January 2019 to train the unserved by making them competent and efficient for securing good jobs and efficiently performing in highly professional work life.



## Meal & Gift Distribution At Our Special Center

SETU extends a big thanks to its donors for getting smiles to our beneficiaries by gifting them eatables and woollens at an exciting event for the special students on the occasion of New Year. It was a day full of celebration surrounded by lots of fun games and activities that brought a rush of great excitement and happiness in the specially abled children. In an effort to fulfill nutritional requirements of our Special students and at the same time be able to train them in taking more ownership and responsibility for themselves and at home, a **Nutritional Meal Supplement** has been arranged in collaboration with Max India Foundation. Under the programme, students learn to cut vegetables, fruits and chop coriander and learn dining etiquettes of how to serve well and eat. Variety of food like poha, flavoured milk, buttermilk, fruits, juice, glucose biscuits provide them nutrition for rest of the busy day. This not only avoids classroom hunger but also has shown improvement in regularity in attendance and nutritional needs of the intended beneficiaries.



## Self Help Group

A group of girls from Beauty and Wellness course explored new frontiers as they went for Mehndi function at a private ceremony where they made beautiful mehndi designs. This proved to be a breakthrough as they were initially hesitant to pursue this. It turned out to be a great opportunity for them as they procured additional order on the same day which they completed successfully. Our Customers were very satisfied with their behavior and their input. This effort was also appreciated by the parents during a Parent Teacher Meeting and

both the Parents and Students got great motivation while getting an opportunity to earn well for themselves by participating in the self-help group.

Their mothers of the students were called over and applauded which helped with further motivation and encouragement for their daughters. They were really happy to see their daughters becoming independent in a safe and secure environment while at the same time harnessing their talents.

**“ The Parents and Students got great motivation while getting an opportunity to earn well for themselves by participating in the Self Help Group ”**



## Guest Lectures For Students

A Guest Lecture was organized at SETU Skill centre in Nithari as a Volunteer from Cognizant, Mr. Saif visited the centre and conducted sessions for IT students. It was a very enriching and beneficial session as he gave tips on interview skills and motivated them to take up jobs after completion of the course to be empowered and successful in a highly competitive



world. Another Guest lecture was conducted by Mr. Pawan Singh HR cum Admin from Quovantis who conducted a session on Personality Development at Nithari for IT students. He shared in detail various job opportunities for both experienced as well as fresher. Students participated with great interest and posed relevant questions to him.

At our Sadarpur Colony Centre **Guest lecture was also held for the Students of the Fashion Designing Course** by Ms. Ishita from Pearl Academy, Noida. She guided them on pattern making and designing. While giving the students a glimpse of industry exposure, the guest lecture was aimed at acquainting them with advanced practices of designing so that they can become more result oriented, motivated and dynamic as self-employed individual.



This was followed by a **Guest lecture at Beauty and Wellness** Students by industry expert, Mrs. Nandini Mehra, who gave the students demonstration of some new herbal hair and skin treatments available in the market. It was highly beneficial for students as they could have access to latest and upcoming treatments and developments so that they complete the certification with competence and confidence to work in a modern professional salon. Motivational Session was also held at **Jaipur Centre** which also covered interview skills and personality development. It was a memorable event as it included many interesting games and activities. The students participated with great zeal and enthusiasm and learned valuable tips on grooming and communication skills.



## Corporate Visit

Visitors from Creatnet along with their Australian Buyers visited SETU skill centre to observe and motivate the students to keep up the good work. They particularly observed the garments designed by Fashion Designing students. They were surprised to see the creative genius of the students come alive as they showcased their work with great

happiness and interest. They appreciated the block printing and tie and die work done by students as well as the garments stitched and designed by students. They also took interviews of students and they have been using their manufactured products for sale and discussed the avenues for them to work in the garment industry.



## Seminars And Trainings

SETU continues to believe in the upgrading the skills of its trainers and never lets go an opportunity to send them for trainings that define best in practice industry standards.

Trainers at SETU recently attended train the trainer programme conducted by Smile Foundation at their premises. The trainers were trained on the objectives of training, objective of Smile and mobilization practices. They were particularly trained on 'Connect to Learn ' that briefed them on basics of Libre Office an online software that prepares to train via online technology.

**A Seminar on Disability** was conducted by University of Chicago to discuss policies related to differently abled people.

They briefed the audience on 21 types of disabilities and responsibility of NGOs and vision building for organizations working for the benefit of specially abled people. The Special educator and interpreter from SETU's PWC centre attended this seminar to enhance their skills and knowledge.



## Birthday Celebrations At Special Center

Our Advisor Mr. Arun celebrated his birthday with special students at SETU's centre for special children in the month of January. He thoroughly enjoyed his day with them and students were very happy to celebrate with him on this special occasion.

The trainers present at the centre further discussed with him details on training needs of special children, employment and types of disabilities they work on. Our donor Mentor supports us with birthday celebration for a slot of every two months in total for

all special students whose birthdays fall in those months.

Once again on the occasion of birthday cake cutting, children enjoyed the day full of fun and savored the delicious cake cut by birthday boys and birthday girls in moments full of fun and frolic. There was singing, dancing and merry making which was captured by clicking pictures.

**"Our Donor Mentor supports us with Birthday Celebration for a slot of every two months"**



## Physiotherapy Sessions

SETU takes pride in its journey towards success as it inaugurated its Physiotherapy Lab on 26<sup>th</sup> march 2019 for specially abled students. A highly proficient Physiotherapist from Metro Hospital, Ms. Shruti has been regularly visiting the centre to assess the students, taking details about their disabilities, areas of improvement and the best possible treatment. The children are particularly excited about it as they are now hopeful of being able to improve agility and range of motion.



## Exposure visit of Special Students

Volunteers from PWC accompanied the special students from SETU's centre for special children at the National Zoo in Delhi. It was an educational trip for about thirty students and they were very excited as it was their first visit to the Zoo for many of them. Students were thrilled to see them in real and wrote down the names in their notepad after recognizing the animals and our special educator and interpreter helped in answering their queries.

This was followed by lunch and the students returned at the centre with great happiness. This was followed by Students from SETU's PWC centre visiting The Flower Show at Noida which was an educational trip for enhancing their learning of flora. The event showcased a variety of flowers put together in interesting shapes of birds and animals. The children were excited about various other activities like pottery making, art and craft products, bungee jumping, various rides, display and sale of decorative plants, the children danced with cartoon dummies.



## Nutritional Meal Supplement for Students

In an effort to fulfill nutritional requirements of students at PWC centre and at the same time be able to train them in taking more ownership and responsibility for themselves and at home, a Nutritional Meal Supplement has been arranged in collaboration with Max India Foundation. Under the programme, students learn to cut vegetables, fruits and chop coriander and learn dining etiquettes of how to serve well and eat.

Variety of food like poha, flavoured milk, buttermilk, fruits, juice, glucose biscuits provide them nutrition for rest of the busy day. This not only avoids classroom hunger but also has shown improvement in regularity in attendance and nutritional needs of the intended beneficiaries.



## Convocation and Women's Day Celebrations

SETU Skill Centre at Jaipur rewarded 28 students of IT, 63 students of tailoring & Textile with certificates on 14<sup>th</sup> March 2019. One of the Sewing students got a sewing machine as a motivational reward for her future endeavors to be successfully self-employed on this day of convocation. There were big smiles on the faces of students as their efforts to be skilled in their respective vocations were successful. At the SETU Skill centre at Nithari certified 86 students enrolled

in various vocations as IT, Spoken English and Sewing in March 2019. 36 in Sewing, 11 in Tally and 39 in IT successfully completed their courses.

It was **Convocation cum Women's Day celebration** and a day filled with lots of fun. The students who passed out earlier were also invited to share their valuable experiences in job arena so that the currently passed out batch could benefit and learn from their work experi-

ence. The students put up a fashion show wherein the garments made by Fashion Designing students and bags made by Sewing students were showcased by IT students. There was a cake cutting ceremony to celebrate Women's Day and motivational talk to the students to reiterate women's empowerment on this special occasion.



Another 77 students from SETU Skill Centre at Sadarpur were rewarded certificates on 26<sup>th</sup> March 2019 for successful completion of their courses in which 36 were from IT, 19 from Sewing, 13 from Beauty, 9 from GDA & Hospitality at a convocation.

The students were extremely elated and excited to get their certificates and shared their happiness and experiences before and after the course with the audience and peers present at the occasion. **Women's Day was also celebration at Jaipur Skill center** - SETU Skill centre at Jaipur celebrated Women's Day with great joy and enthusiasm as volunteers from Metlife came to celebrate with the students from various courses.

They briefed the students on the importance of women empowerment and also motivated them to pursue their dreams by utilising their skills to the best of their ability.

## SETU Shiksha Jyoti Kendra

Our Pre-primary students have now has digitalised interactive classroom embedded with modern day technology, dynamic multi-media lessons while offering an environment where they can learn effortlessly while having fun. The children are thrilled as they are more curious to learn than ever before and super excited about it and their attendance has also improved.

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## Inter-School Sports Competition

An Inter School Sports competition was organized by Concern India Foundation at Palam Stadium.

There were thirteen other NGOs that participated in the event that included various races like relay race, sack race, lemon race and 21 students from SETU participated in the event. SETU students won second prize in the relay race and won a silver medal.





## Special Assemblies

On 31<sup>st</sup> Jan in the memory of Mahatma Gandhi, a special assembly was organized. The children were briefed on the significance of the day and Mahatma Gandhi's role in the independence movement. The children presented a skit in this special assembly thereby giving the message of peace and non-violence.

This was followed by a special assembly was organized on **World Cancer Day** on 4<sup>th</sup> February in which the children were briefed about the disease, protection from the same and a pink ribbon was also put on their T-shirts as a mark of awareness towards the same.



“The Children were briefed on the significance of Mahatma Gandhi's role in the independence movement.”



## Immunization in primary section

Max Foundation in collaboration with SETU vaccinated the primary school children against Typhoid.

About 125 children were vaccinated to help the immune system develop protection from disease. The vaccination helps to protect against typhoid disease, an infection caused by typhoid bacteria.





## Farewell Party For Grade 12th Students

A formal farewell was organized for our class 12<sup>th</sup> students. They enjoyed their day with juniors and there was competition for Mr & Miss SETU that included three rounds. About 156 students participated in the same.

First round was that of ramp walk, second round was that of Quiz and third round of question answer session. RenuKurmi was selected as Ms. Setu and Nitish was selected as Mr. Setu after going through many rounds of selection criteria.

They were given token of appreciation at the end and motivational speech was given by our chief trustee.



## Product, Gift and Books Distributions

On the occasion of New Year, our school students received beautiful gifts from various corporate partners. SETU extends a hearty thanks to all the volunteers for bringing smiles to our students.

As we entered winter season, old clothes were donated by some donors amongst our beneficiaries.

The idea behind it was to not discard but donate clothes which in decent condition were distributed to those who needed them in the winter season. Again on 8<sup>th</sup> March 2019, **International Women's Day** - the day of declaration of result, the Parents accompanying their wards were given Dabur products. A Parent Teacher Meeting was organized to discuss their child's progress and this was followed by giving Dabur products to boost their child's health.



On the beginning of new academic session, all the students of SETU from primary to class 12<sup>th</sup> were provided with books, bags and stationery items. The children were very happy to receive the new items of utility at the beginning of new academic session of 2019 .



## Induction of new parents



A formal induction was organized for parents of new students were counseled and informed about rules and regulations of school.

All academic heads along with School Principal and chief trustee were present on that day and parents attending the session were given valuable parenting tips and were given a chance to share their expectations towards their children.



## National writing Star Contest

Knowledge Resource Centre organized a National Writing Star Contest 2019 in which SETU students Shalini, Renu and Riya got prizes.

Congratulations! to our students who remained winners in this online writing contest under the guidance of Ms. Tripti. Riya from class 10<sup>th</sup> stood 2<sup>nd</sup> won a T-shirt and Shalini from class 12<sup>th</sup> and RenuKurmi whom passed out of class 12<sup>th</sup> won consolation prizes.



## Volunteers Visit

Volunteers from our Corporate Partners came over with a Yoga expert for SETU students from junior classes.

This activity was fun based and students from class 3<sup>rd</sup> to 5<sup>th</sup> enjoyed thoroughly the activities like basic yoga, warm-up exercises and various yoga postures. On the occasion of New Year, our school students received beautiful gifts from various corporate partners. SETU extends a hearty thanks to all the volunteers for bringing smiles to our students.





## Cultural Events

School students at SETU participated in a cultural event wherein they got a chance to showcase their talent.

They performed two dances, one on the festival of Holi and another dance cum skit based on the theme of *betibachaobe-tipadhao* and a short act included in the same.



## Teacher's Training

SETU believes in continuously upgrading its Teachers by providing trainings that bring more efficiency in their teaching. Training for teachers was conducted in two sessions to bring more refinement in lesson plan, enrichment activities and evaluation skills. Ms.RituTaneja, a professional trainer, gave some valuable tips on child centric education.



## Success Stories



**Meenala**

**Meenala** always had an ambition to pursue a decent job as she belongs to a marginalized family and dreamt to uplift their financial condition by acquiring necessary skill set to make it possible. She enrolled in SETU's IT & Spoken English courses so that she could enhance her knowledge of Computers and also be able to speak well in English to be ready to face the competitive job arena. She came to know about SETU from one of her neighbors and she enrolled herself in basic IT/ English course.

At the completion of this course, she got placed as a teacher at Sky Flow School with a salary of Rs. 3000 per month. There are 6 members in her family and their financial condition is dismal as her Mother is the sole bread earner in the family. Her family's annual income is Rs.84,000/-. She always wanted to be self-dependent and to support her Mother in her responsibilities so that she could ensure a decent life and education for her siblings as well. In the beginning, she did not have much know how of Computers.

As she started the course, she learnt the basics such as MSWord, Excel, PowerPoint and Internet.

She is a confident individual and is very happy as she can now understand and make the most of training she received. She also got training of English communication skills and attended many Personality Development and grooming sessions to improve her confidence and presentation skills. Now she is employed in a job that has paved way for many more opportunities for a better future.

**Kiran** belongs to an underprivileged family and with a dream to have a secure future, she wanted to acquire basic computer and communication skills to have a decent job and hence a secure life.

She came to know about SETU through a mobilization campaign and she enrolled herself in basic IT/ English course. She was trained on computer skills and improved her linguistic skills also through basic English course. She was trained through Mock interviews and Personality Development Sessions.

At the completion of the course, she got a job in HCL as Backend Executive with a salary of Rs. 13,000 per month. There are 6 members in her family and her father is the sole bread earner with a meagre annual income of Rs.1,68,000/-. She always wanted to be self-dependent and to support her family so that her siblings could also have a secured life. She is a diligent girl with great self-motivation and sincerity.

She also helped her peer group in learning and improved her English communication skills. She attended Personality Development sessions and groomed herself under the trainer's guidance to be able to communicate and present herself well in an interview. Kiran is now placed in a decent job that has brought her dreams come alive.



**Kiran**